



ZUMBA®

FITNESS

Coming to Nativity...September 21st

K - 6th grade

Kids love to dance, wiggle and sing along to great songs. It's a fact: kids are not as fit as they should be. We teach them how to have a blast exercising and tips to stay healthy and fit...lessons to last a lifetime! This program is developed by *Zumba®* and is staffed by Sheila's Fitness Jam. *ZumbAtomics®* is now being offered through Nativity right after school. 6 – week program: \$49.00

Nativity School Gym

Wednesdays

2:45 P.M. – 3:45 P.M.

Starting 9/21 – Ending 10/26

My child has permission to attend *ZumbAtomics®* at Nativity. I understand that I am responsible for picking up my child promptly after this program at the school gymnasium.

Child's Name _____ Phone _____ Cell _____
Address _____ E-mail _____
Grade _____ Parent's Signature _____