



# ZUMBA<sup>®</sup>

## FITNESS

**Coming to Nativity...February 29th**

**K-Readiness - 6<sup>th</sup> grade**

Kids love to dance, wiggle and sing along to great songs. It's a fact: kids are not as fit as they should be. We teach them how to have a blast exercising and tips to stay healthy and fit...lessons to last a lifetime! This program is developed by *Zumba*<sup>®</sup> and is staffed by Sheila's Fitness Jam. *ZumbAtomics*<sup>®</sup> is now being offered through Nativity right after school. 6 – week program: \$49.00 Please make checks payable to: Sheila's Fitness Jam

Nativity School Gym  
Wednesdays  
2:45 P.M. – 3:45 P.M.  
Starting 2/29 – Ending 4/4

---

My child has permission to attend *ZumbAtonmics*<sup>®</sup> at Nativity. I understand that I am responsible for picking up my child promptly after this program at the school gymnasium.

Child's Name \_\_\_\_\_ Phone \_\_\_\_\_ Cell \_\_\_\_\_  
Address \_\_\_\_\_ E-mail \_\_\_\_\_

**Grade** \_\_\_\_\_ **Parent's Signature** \_\_\_\_\_